

Household Hints – Beauty

By the Elizabeth-Westport Garden Club

Natural Facial

1. A good and inexpensive facial to try: mash half an avocado, spread thickly on face and remove with warm water 20 minutes later.

Sunburn Relief

1. A wonderful relief for sunburn pain is the application of mint-flavored milk or magnesia to the skin
2. Dab on some apple cider vinegar. The pinkness and pain will disappear
3. For a super bad burn, put on a paste of water & baking sodar.

Hair Shiner

1. These hair rinses will remove soap film and shine hair. For blondes, rinse water container with a few tablespoons of lemon juice. For brunettes and red heads, a few tablespoons of apple cider vinegar in the rinse water.

Manicure

1. Soak your hands in warm water with lemon juice added. Take them out after about 8 minutes. Rub some lemon peel over the nails while you gently push back the cuticles. Then buff with soft cloth.

Teeth

1. Baking soda instead of toothpaste does as good a job, and it also works on dentures.

Hair Conditioners

1. Mayonnaise gives dry hair a good conditioning. Apply ½ cup mayonnaise to dry unwashed hair. Cover with plastic bag and wait for 15 minutes. Rinse a few times before shampooing thoroughly.

Tired Eyes

1. Place fresh cold cucumber slices on your eyelids to rid them of redness and puffiness.

Homemade Dry Shampoo

1. Mix together 1 tablespoon salt and ½ cup cornmeal for your own homemade dry shampoo. Transfer to a larger-holed shaker, sprinkle it on oily hair lightly and brush out dirt and grime.
2. Baby powder or cornstarch can also be used as dry shampoos.